



# DolceVita Spa & Wellness

September 2023

#### **COSMESI 100% MADE IN ITALY**

From the selection of raw materials, until the final packaging, all phases are carried out in the Merano.



Via Passo Rolle, 35 38054,
Primiero San Martino Di Castrozza, Trentino – Italia
Tel: 0439 - 68 174 - <u>info@hotelsayonara.com</u>





# FACE TREATMENTS

Choose the facial treatment that best suits your skin type, if you need advice feel free to ask the staff of our Beauty Area

## Rosa Alpina

Suitable for all skin types, countering the aggressions of external environmental agents by strengthening the natural defenses of the skin.

#### Noesis Vitamine

It renews the cells of the face, neck and décolleté. The combination of vitamins A, C, E combined with the action of active moisturizing ingredients, promotes the process of cell regeneration, visibly attenuating small wrinkles giving firmness and elasticity to the skin.

## Pure Hydration

Fights skin aging and helps restore the water balance of the skin giving it a younger and brighter look.

## Face Cleansing

To maintain proper skin function, to prevent or mitigate the most common imperfections.

50 minutes - Price € 65,00 per treatment



#### WELLNESS MASSAGE

A special pampering to regenerate body and mind

#### Armonia delle Dolomiti

The scent of mountain herbs combined with the brushing technique reduces stress and also promote cellular renewal of the skin making it smoother, brighter, soft and hydrated.

40 minutes – Price € 40,00 per treatment

# Candle Massage\*\*

Aromatherapy massage with candles that melt and release a fragrant oil perfect to relax your mind and give a benefical effect to the muscles and nourish the skin.

50 minutes – Price € 65,00 per treatment

## Lymphatic

Manual lymphatic drainage is a massage technique designed to intervene on the flow path of the lymphatic vessels. In this way, the reabsorption of the lymph concentrated in the edema is promoted and it can circulate towards the rest of the body.

50 minutes - Price € 75,00 per treatment

## Deep tissue massage

A very deep massage, focused on muscle relaxation, consisting of a dry trwatment, which has greater effectiveness on the muscles, concluding with a relaxing oleation.

60 minutes per treatment - Price € 80,00 per treatment

# Lomi Lomi massage (Hawaiian)

Originally from Hawaii, it evokes the waves of the sea. The purpose of this message is to rebalance psychophysical well-being, regenerate and restore the vital energy.

60 minutes per treatment - Price € 80,00 per treatment

## Hot Stone Massage

Massage performed with hot lava stones, dissolving contractures, improving blood circulation and promoting total relaxation.

50 minutes – Price € 80,00 per treatment



#### TRADITIONAL MASSAGE

## Classic massage

Massage performed with hot oil, ideal for relaxing body and mind and relieving tensions.

Total body: Duration 50 minutes per treatment - Price: € 65,00 per treatment Partial body: Duration 25 minutes per treatment - Price € 35,00 per treatment

## Draining Legs Massage

Helps draining excess liquids with deep maneuvers in order to get better circulation and have less swollen and lighter legs.

Partial body: Duration 25 minutes per treatment - Price € 40,00 per treatment

## Decontracting

Ideal to relieve pain caused by trauma, sprains and distortions.

Total body: Duration 50 minutes per treatment - Price: € 70,00 per treatment Partial body: Duration 25 minutes per treatment - Price € 40,00 per

treatment

#### Personalized massage

Relaxing back massage + Draining legs massage Decontracting back massage + Relaxing legs Total body

Duration: 50 minutes per treatment Price € 75,00 per treatment



#### BODY TREATMENT

Performed in the Nuvola Tub, that in addition to a more visible result, brings benefits to the immune system, lowers the cortisol levels, helps breathing, physical recovery and helps fight sleep disorders.

## Rosa Alpina Treatment

The exfoliation of the body stimulates cell renewal so the body mask deeply nourishes for a softer and more uniform skin, revitalized and regenerated, brought back to its natural protective function.

50 minutes – Price € 80,00 per treatment

#### Detox Treatment

Activates the metabolism thanks to the oligo-minerals and vitamins contained in the algae thus eliminating the impurities of the skin and toxins of the organism making the skin pure and bright.

50 minutes - Price € 65,00 per treatment

## Relaxing Treatment

Relieves muscle tension giving a psycho-physical relaxation with a remineralizing, nourishing and purifying effect.

50 minutes - Price € 65,00 per treatment

# Body Wrap - Draining Bandage

Promotes drainage and modeling, giving an intense feeling of lightness and decreasing cellulite imperfections.

50 minutes – Price € 65,00 per treatment

#### NO-TOUCH Treatment

The Nuvola Tub has no contraindications, both adults and children can access it, so we thought of this treatment that balances body and mind, lowers the cortisol levels, main cause of stress, helps fight sleep disorders by regulating breathing and relaxing the muscles. A all-in cure for physical recovery of the immune system.

20 minutes - Price: € 25,00 per treatment



## PRIVATE SPA

A private area for two people, to enjoy well-being in absolute intimacy.

# Private Spa...Dolci Profumi

Immersed in the bubbles of the Jacuzzi with chromotherapy Inebriated by the scents of aroma Hydro Bath, then relax on the water bed sipping on a hot herbal tea.

60 minuti - Price € 65,00 per couple

# Private Spa...Magici Momenti

Private spa ready for the irresistible game-scrub couple! After a dip in the whirlpool, you will perform a body scrub on each other and after the body hydration, wrapped in a soft towel, you can lie down on the water bed and fully relax.

80 minutes - Price € 75,00 per couple



# **BEAUTY TREATMENTS**

Hair removal		Mani - piedi	
Total legs and total groin	€ 50,00	Manicure basic	€ 35,00
Total legs and partial groin	€ 45,00	Manicure basic + nail polish	€ 40,00
Total legs	€ 35,00	Pedicure estetic	€ 40,00
Half legs (or arms)	€ 25,00	Pedicure estetic + nail polish	€ 45,00
Total groin	€ 22,00	Only nail polish hands (or feet)	€ 10,00
Partial groin	€ 18,00	Solarium	
Armpit	€ 15,00	Factoria	£ 700
	C 15,00	5 minutes	€ 7,00
Upper lip	€ 8,00	10 minutes	€ 7,00 € 12,00
Upper lip Eyebrows			
	€ 8,00	10 minutes	€ 12,00