



# DolceVita Spa & Wellness Winter 2021/2022

#### **COSMESI 100% MADE IN ITALY**

From the selection of raw materials, until the final packaging, all phases are carried out in the Merano.



Via Passo Rolle, 35 38054,
Primiero San Martino Di Castrozza, Trentino – Italia
Tel: 0439 - 68 174 - <u>info@hotelsayonara.com</u>





### FACE TREATMENTS

Choose the most suitable facial treatment for your skin type, if you need advice, ask the staff of our Beauty

# Rosa Alpina

Suitable for all skin types, countering the aggression of external environmental agents by strengthening the natural defenses of the skin.

### Noesis Vitamine

It renews the cells of the face, neck, and décolleté. The combination of vitamins A, C, E combined with the action of active ingredients moisturizers, promotes the process of cell regeneration visibly attenuating small wrinkles giving firmness and elasticity.

### Expression

Treatment that attenuates expression wrinkles with extraordinary results, with active ingredients that restore beauty of harmony to the face from the first applications

# Pure Hydration

Fights skin aging and helps to restore the water balance of the skin, giving it a younger and brighter look.

# Face Cleansing

To maintain proper skin function, to prevent or mitigate the most common imperfections.

50 minutes - Price € 60,00 per treatment



### WELLNESS MASSAGE

A special pampering to regenerate body and mind

### Cranio-Sacral Massage

Massage where the palpation maneuvers of the bones of the skull and spine reduce anxiety, migraines, chronic fatigue and insomnia.

25 minutes - Price € 35,00 per treatment

# Candle Massage\*\*

Aromatherapy massage with candles that melt and release a fragrant oil perfect to relax the psyche and give a beneficial effect to the muscles and nourish the skin.

50 minutes - Price € 65,00 per treatment

# Sportive Massage

Massage that improves athletic performance, reduces muscle tension resulting from physical activity and eliminates lactic acid.

50 minutes - Price € 70,00 per treatment

# Ayurveda Massage

To achieve psychophysical well-being, this Indian ritual is excellent for rediscovering harmony between mind and body.

50 minutes – Price € 75,00 per treatment

### Hot Stone Massage

Massage performed with hot lava stones through which you can dissolve contractures, improve blood circulation promoting total relaxation.

55 minutes – Price € 75,00 per treatment

<sup>\*\*</sup>the products used do not belong to Pirochè Cosmetiques



### TRADITIONAL MASSAGE

### Relaxing

Ideal to relax the body and mind and relieve tensions.

50 minutes - Price € 60,00 per treatment 25 minutes - Price € 30,00 per treatment

# Decontracting

Ideal for relieving pain caused by trauma and sprains.

50 minutes - Price € 60,00 per treatment 25 minutes - Price € 30,00 per treatment

### Draining

Drains the excess fluids, getting a better circulation and have swelling and feel lighter

50 minutes - Price € 60,00 per treatment 25 minutes - Price € 30,00 per treatment

#### Anticellulite

Massage is performed to the legs to decrease the imperfections, tone and eliminates the toxins present.

25 minutes – Price € 45,00 per treatment



# BEAUTY ROUTINE

A relaxed and rejuvenated look everyone notices, these massages are perfect to combine with our Body Treatment

# Face and head massage

To soothe the mind and have a relaxed outlook.

# Cervical massage

Relax your neck and shoulders.

# Hands Massage

A pleasant relaxing effect carried out with cream or moisturizing oils.

# Feet Massage

Perfect after a long walk for regenerated feet and ankles.

20 minutes - Price € 25,00 per treatment



### BODY TREATMENT

They are carried out in the Nuvola Tube that in addition to a more visible result, brings benefits to the immune system, lowers the cortisol, helps breathing and physical recovery and helps to combat sleep disorders.

### Rosa Alpina Treatment

The exfoliation of the body stimulates cell renewal so the body mask deeply nourishes for a softer and more uniform skin, revitalized and regenerated back to its natural protective function.

50 minutes – Price € 60,00 per treatment

### Detox Treatment

activates the metabolism thanks to the oligo-minerals and vitamins contained in the algae thus eliminating the impurities of the skin and toxins of the organism making the skin pure, bright.

50 minutes – Price € 60,00 per treatment

### Relaxing Treatment

relieve muscle tension giving a psycho-physical relaxation with remineralizing, nourishing and purifying effect

50 minutes – Price € 60,00 per treatment

# Body Wrap - Draining Bandage

Promotes an action of drainage and modeling, giving an intense feeling of lightness and decreasing cellulite imperfections

50 minutes – Price € 60,00 per treatment

#### NO-TOUCH Treatment

The Nuvola Tub has no contraindications, all adults and children can access it, so we thought of this treatment that balances body and mind, lowers the cortisol main cause of stress, helps to combat sleep disorders by regulating breathing, relaxes the muscles a cure-all in physical recovery the defense of the immune system.

20 minutes - Price: € 25,00 per treatment



A reserved area for two people, to enjoy well-being in absolute intimacy.

# Private Spa... Coccole per 2!

This Private Spa is designed to share a moment of relaxation with a special person, the first guest performs one of our Traditional Partial Massage on the Zerol bed, while the second will be immersed in our special Nuvola Tub for a psycho-physical relaxation. At the end of treatment the tea corner on the upper floor will welcome you to a complete relaxation.

30 minutes - Price € 55,00 per couple

# Private Spa...Dolci Profumi

Immersed in the bubbles of the Jacuzzi Jacuzzi with chromotherapy intoxicated by the scents of aroma Hydro Bath and at the end you relax on the water bed sipping a hot herbal tea.

60 minutes - Price € 65,00 per couple

# Private Spa...Magici Momenti

Private spa ready for the irresistible game-scrub couple! After a whirlpool, you will have the body scrub that you will perform on each other and after the body hydration, wrapped in soft dry, you can lie down on the water bed and relax totally.

80 minutes - Price € 70,00 per couple

### Private Spa... Romantica

Our staff will perform a partial couple relaxing massage performed with scented oils and at the end will leave you in total relaxation of the chromotherapy whirlpool. A relaxing herbal tea and rest on the water bed will complete the framework of this special experience.

80 minutes - Price € 95,00 a couple



Hair removal		Mani e piedi	
Total legs and total groin	€ 45,00	Manicure basic	€ 35,00
Total legs and partial groin	€ 40,00	Manicure basic + nail polish	€ 40,00
Total legs	€ 30,00	Pedicure estetic	€ 40,00
Half legs (or arms)	€ 20,00	Pedicure estetic + nail polish	€ 45,00
Total groin	€ 17,00	Only nail polish hands (or feet)	€ 7,00
Partial groin	€ 12,00	Solarium	
Armpit	€ 12,00	5 minutes	€ 6,00
Upper lip	€ 7,00	10 minutes	€ 11,00
Eyebrows	€ 10,00	12 minutes	€ 13,00
Back (or pectoral)	€ 20,00	15 minutes	€ 16,00

Card Solarium 5+1 free